



# Whisper Desktop 字幕製作工具 操作說明

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2026.04 製作

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- 一. 下載與準備
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# 一. 下載與準備

1. 前往 **Whisper Desktop** 下載網址：<https://github.com/Const-me/Whisper/releases>
2. 下載 **最新版本** Latest  
**WhisperDesktop.zip**

The screenshot shows the GitHub release page for the repository Const-me/Whisper. The page is for Version 1.12, which is marked as the 'Latest' release. The release notes indicate updates to the models source URL and GUI, along with reliability enhancements. The assets section lists several files, with 'WhisperDesktop.zip' highlighted in a red box. The assets table is as follows:

Asset Name	Size	Created
cli.zip	369 KB	Jul 22, 2023
Library.zip	286 KB	Jul 22, 2023
<b>WhisperDesktop.zip</b>	466 KB	Jul 22, 2023
WhisperPS.zip	406 KB	Jul 22, 2023
Source code (zip)		Jul 22, 2023
Source code (tar.gz)		Jul 22, 2023

# 一. 下載與準備

3. 前往**語言模型**下載網址：

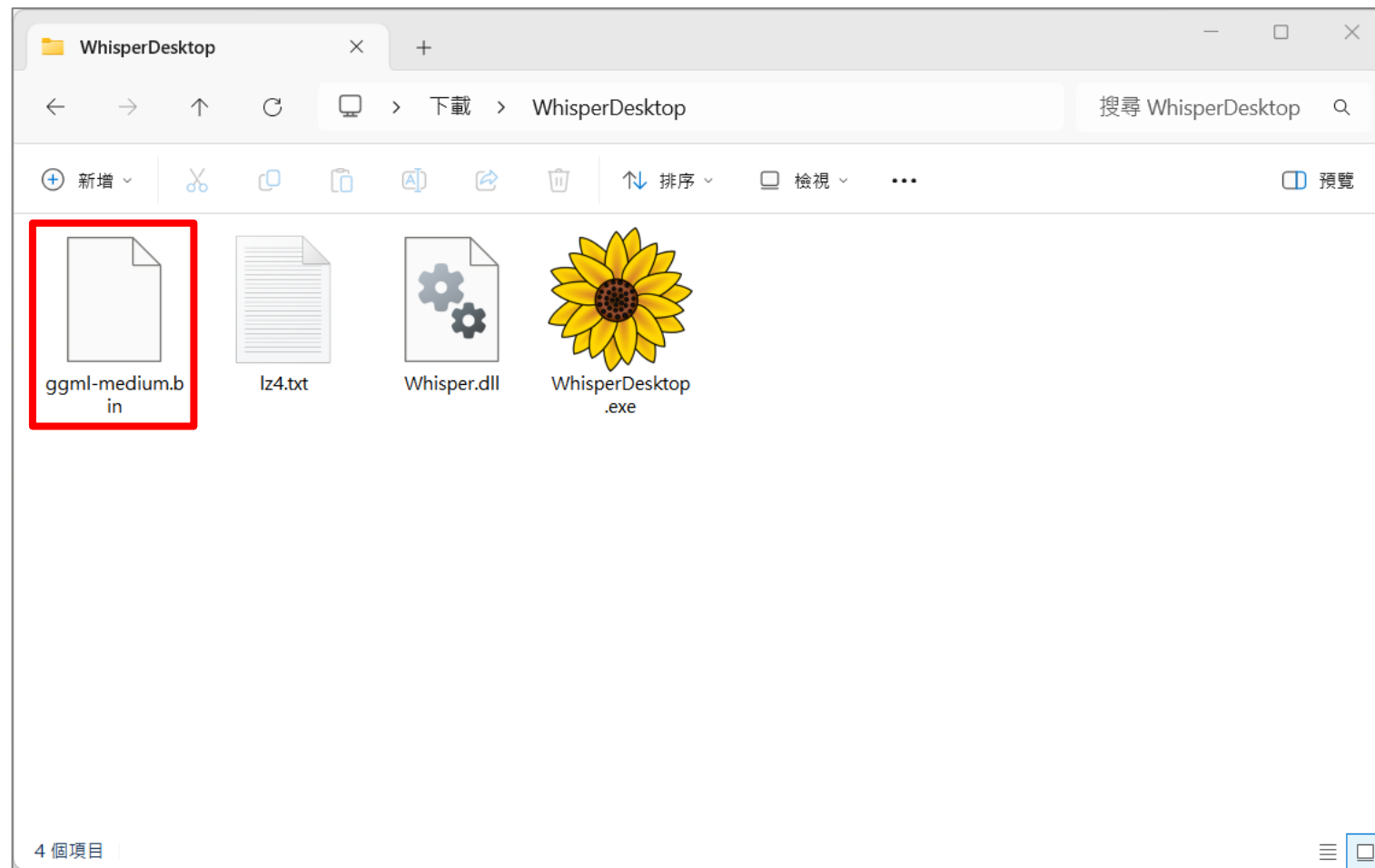
<https://huggingface.co/ggerganov/whisper.cpp/tree/main>

4. 建議下載 **ggml-medium.bin**

ggml-large-v3-turbo.bin	Safe	pickle	1.62 GB	xet	↓	Add Whisper Large v3 Turbo
ggml-large-v3.bin	Safe	pickle	3.1 GB	xet	↓	Be explicit about large model v.
ggml-medium-encoder.mlmodelc.zip	Safe	pickle	568 MB	xet	↓	Include compressed versions of .
ggml-medium-q5_0.bin	Safe	pickle	539 MB	xet	↓	Add back properly named models .
ggml-medium-q8_0.bin	Safe	pickle	823 MB	xet	↓	Add Q8_0 models
<b>ggml-medium.bin</b>	Safe	pickle	1.53 GB	xet	↓	Migrate from HG dataset into HG.
ggml-medium.en-encoder.mlmodelc....	Safe	pickle	567 MB	xet	↓	Include compressed versions of .
ggml-medium.en-q5_0.bin	Safe	pickle	539 MB	xet	↓	Add back properly named models .
ggml-medium.en-q8_0.bin		pickle	823 MB	xet	↓	Add Q8_0 models
ggml-medium.en.bin		pickle	1.53 GB	xet	↓	Migrate from HG dataset into HG.
ggml-small-encoder.mlmodelc.zip	Safe	pickle	163 MB	xet	↓	Include compressed versions of .
ggml-small-q5_1.bin	Safe	pickle	190 MB	xet	↓	Add back properly named models .
ggml-small-q8_0.bin	Safe	pickle	264 MB	xet	↓	Add Q8_0 models

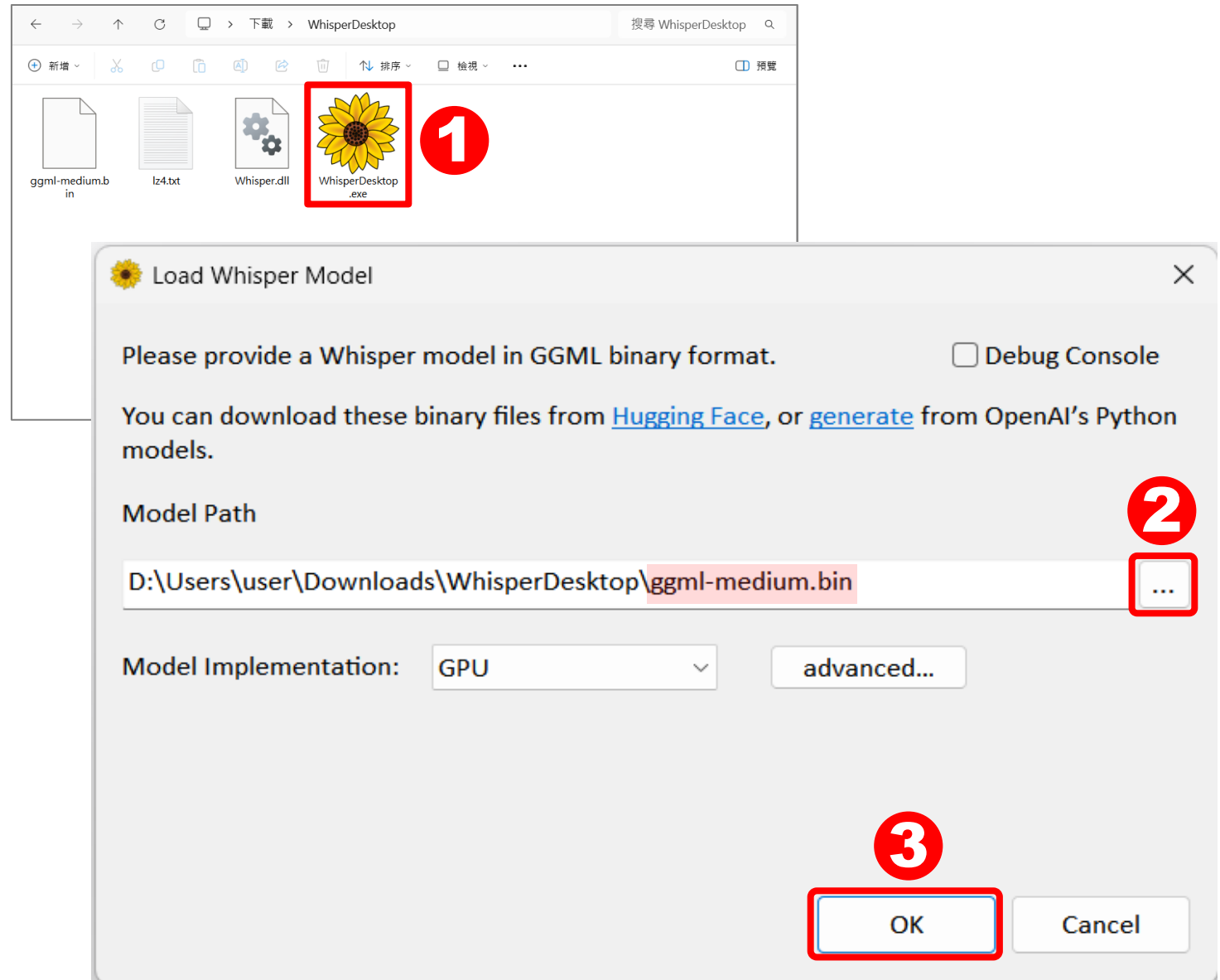
# 一. 下載與準備

5. 將 **WhisperDesktop.zip** 解壓縮，並把 **ggml-medium.bin** 模型檔移入同一個資料夾內。



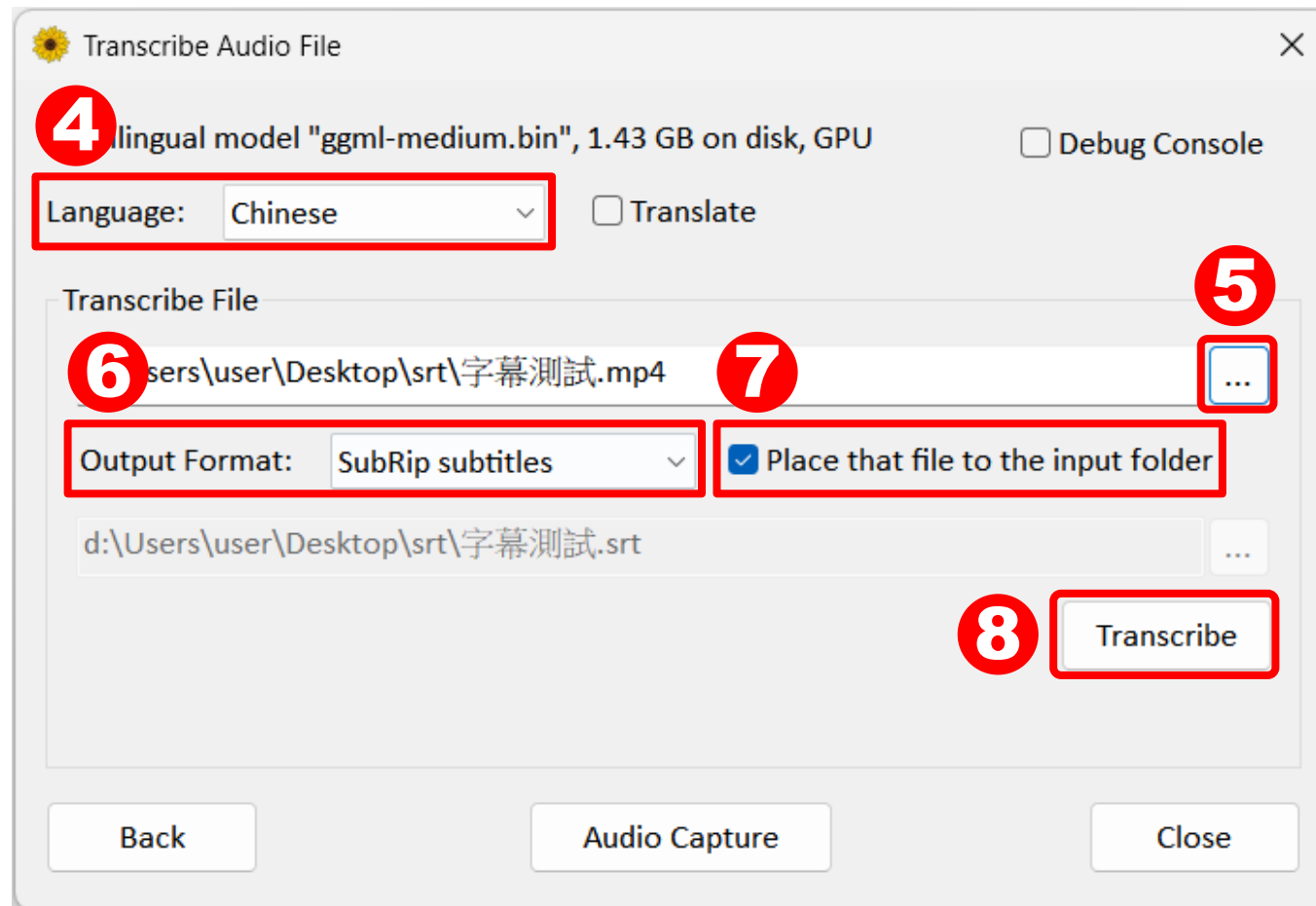
## 二. 語音轉文字

1. 雙擊執行 **WhisperDesktop.exe**
  2. 點擊 **Model Path [...]** 選取資料夾中的 **ggml-medium.bin**
  3. 點擊 **[OK]**
- 初次設置完成，後續重啟會自動載入相同設定。



## 二. 語音轉文字

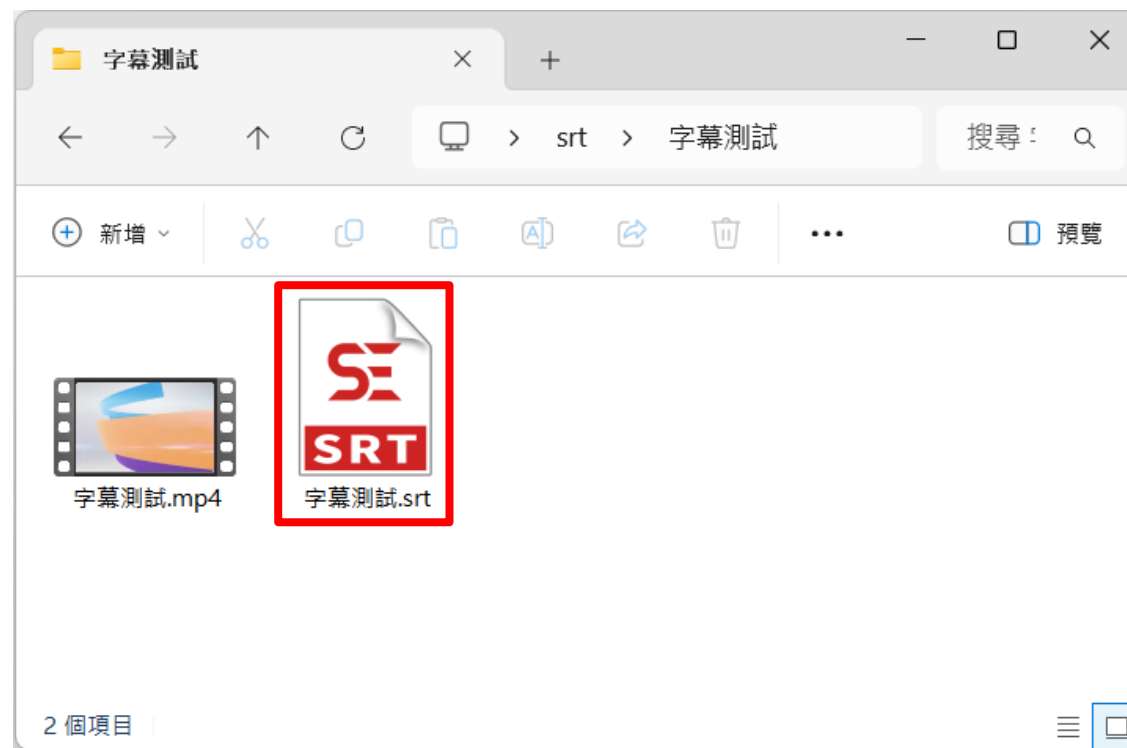
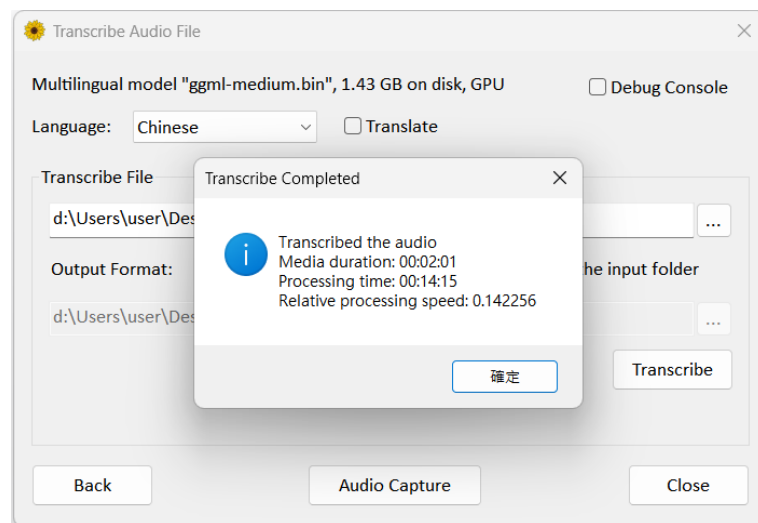
4. **Language** 下拉選單點選 [**Chinese**]
5. 點擊 **Transcribe File [...]** 選擇要轉錄的影音檔案
6. **Output Format** 下拉選單點選 [**SubRip subtitles**] (SRT 字幕格式)
7. 可勾選 [**Place that file to the input folder**] 設定將字幕檔儲存至與來源檔案相同位置
8. 點擊 [**Transcribe**] 進行轉錄



## 二. 語音轉文字

### 9. 轉錄完成

**SRT 字幕檔**自動儲存至與來源檔案相同位置。



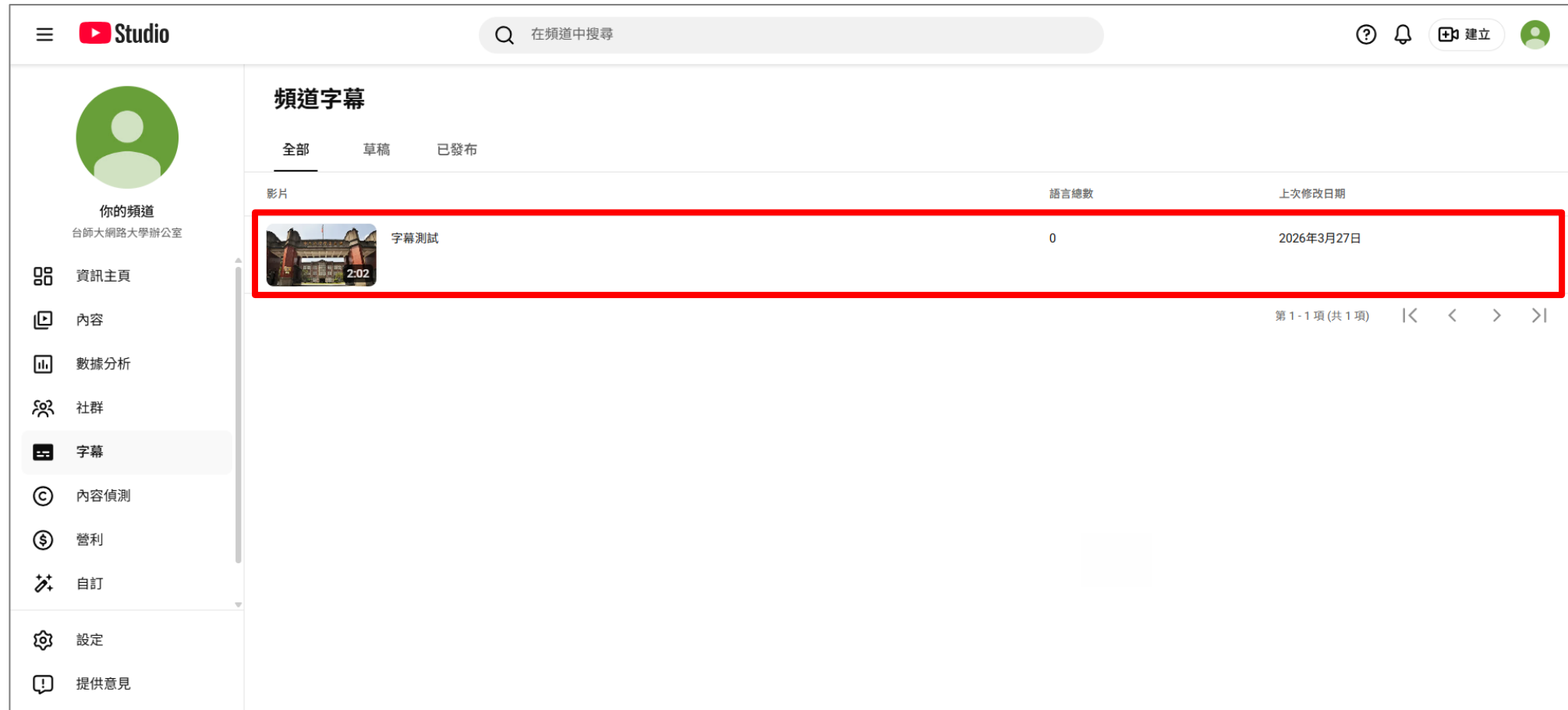
## 三. 上傳至 YouTube

1. 登入 YouTube Studio ( <https://studio.youtube.com/> ) 。
2. 點選左側選單中的 [字幕] 。




# 三. 上傳至 YouTube

## 3. 點選要編輯的影片。



The screenshot shows the YouTube Studio interface for a channel named '台師大網路大學辦公室'. The 'Channel Subtitles' (頻道字幕) section is active, showing a list of video subtitles. The first entry is highlighted with a red box and a red circle containing the number '3'. The entry details are as follows:

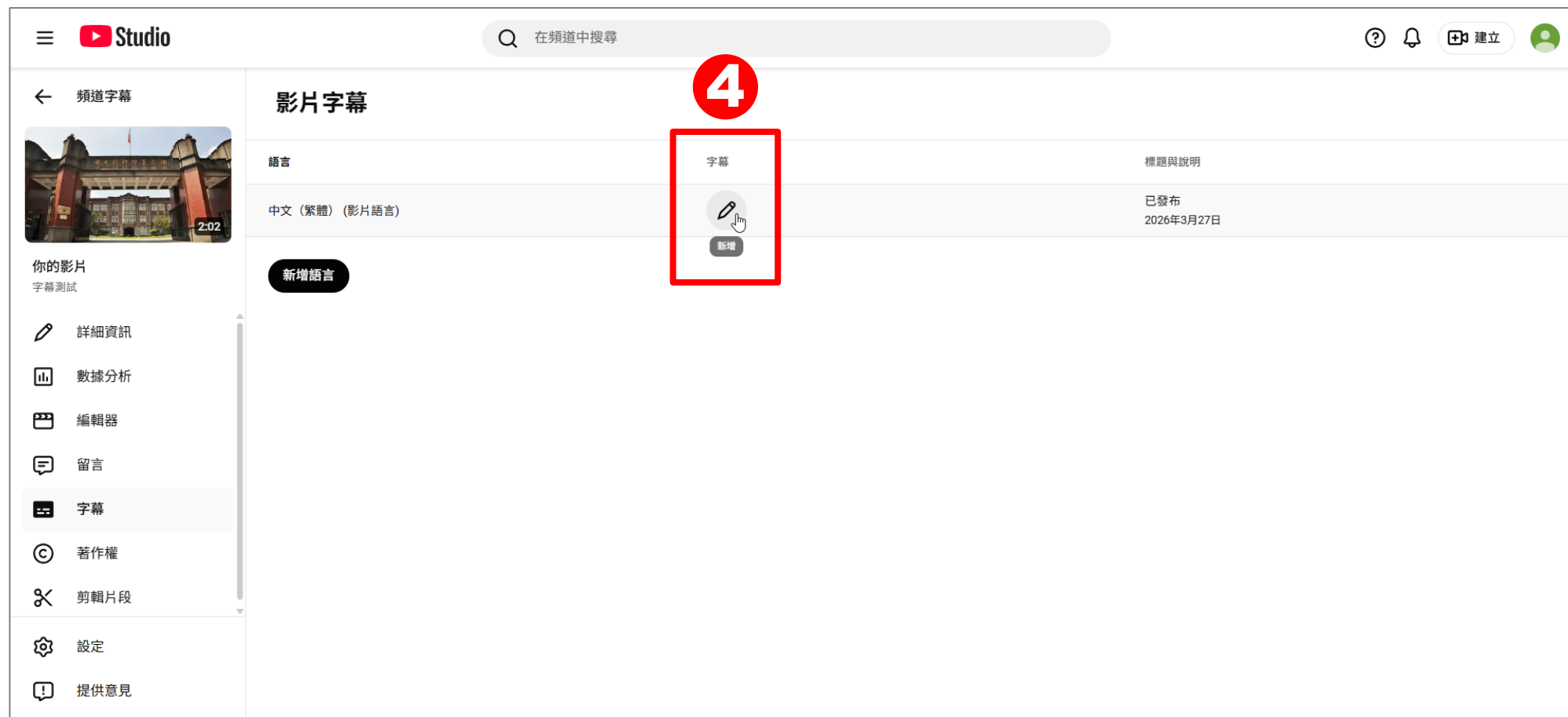
影片	語言總數	上次修改日期
 字幕測試	0	2026年3月27日

Navigation controls at the bottom right of the list show '第 1 - 1 項 (共 1 項)' and navigation arrows.

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# 三. 上傳至 YouTube

4. 滑鼠移動至 [字幕] 欄下方，點擊 [新增]。



## 三. 上傳至 YouTube

5. 點擊 [上傳檔案]->[包含時間碼]->[繼續]
6. 選擇並開啟要上傳的 SRT 字幕檔。



## 三. 上傳至 YouTube

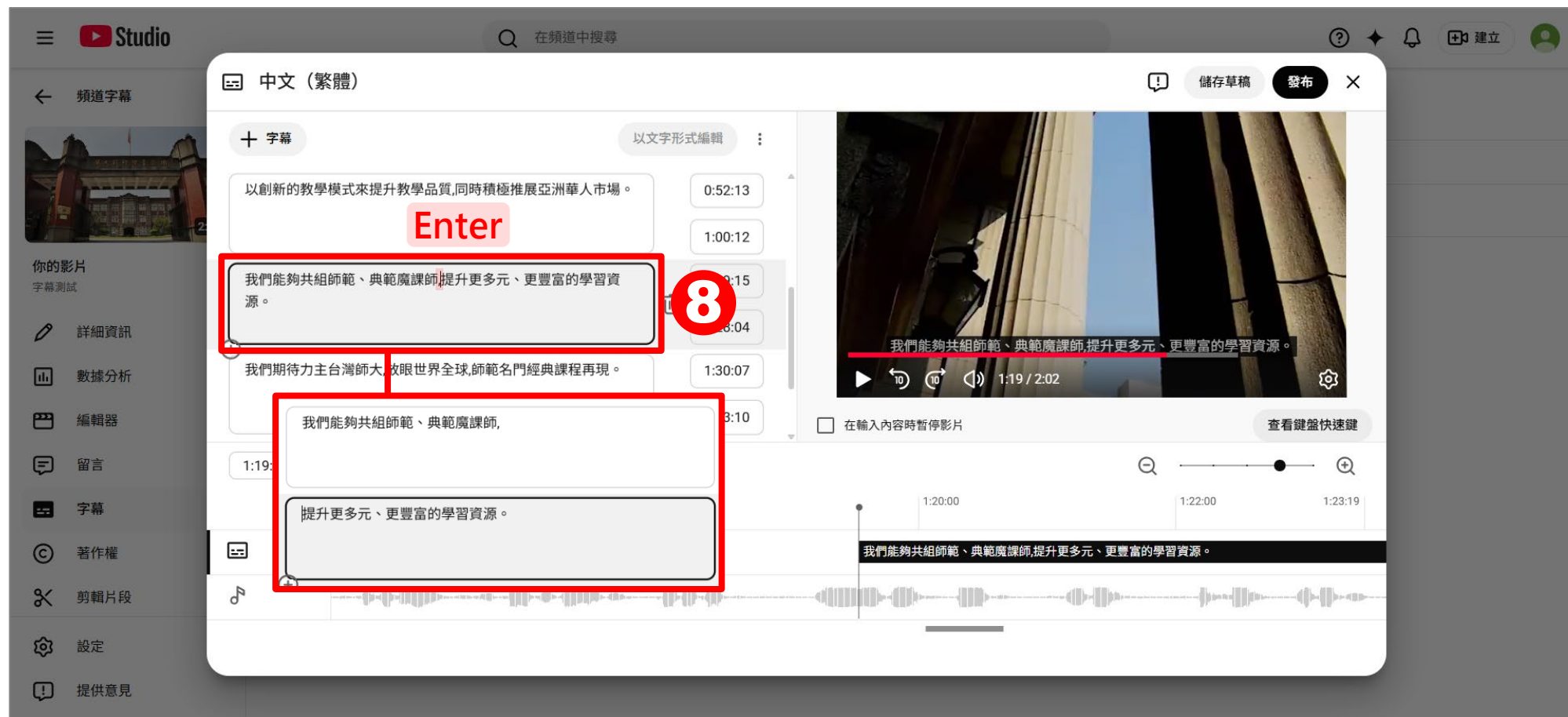
7. 於字幕編輯頁可校正微調字幕。點擊要修正的字幕，可進入**文字編輯框**中直接輸入修正文字。



The screenshot displays the YouTube Studio subtitle editor interface. The main window shows a list of subtitle segments. The segment at 1:19:15, with the text "我們能夠共組師範、典範魔課師,提升更多元、更豐富的學習資源。", is highlighted with a red box and a red circle containing the number 7. Below the list, a video player shows the selected subtitle segment. The video player includes playback controls and a progress bar. The subtitle text is visible at the bottom of the video player. The interface also shows a sidebar with navigation options like "頻道內容", "你的影片", "詳細資訊", "數據分析", "編輯器", "留言", "字幕", "著作權", "剪輯片段", "設定", and "提供意見".

## 三. 上傳至 YouTube

8. 於**文字編輯框**中點擊需調整分段的位置，按 **Enter** 可分割字幕。



The screenshot displays the YouTube Studio subtitle editor interface. The main editing area shows a list of subtitle lines with their corresponding timestamps. A red box highlights a specific subtitle line: "我們能夠共組師範、典範魔課師,提升更多元、更豐富的學習資源。". A red circle with the number "8" is placed over the end of this line, indicating the click point for splitting. A red arrow points from this circle to the "Enter" key on a keyboard. Below the highlighted line, a new subtitle line is shown, split into two parts: "我們能夠共組師範、典範魔課師," and "提升更多元、更豐富的學習資源。". The video player on the right shows the video with the subtitle displayed at the bottom. The interface includes a sidebar with navigation options like "頻道字幕", "你的影片", "詳細資訊", "數據分析", "編輯器", "留言", "字幕", "著作權", "剪輯片段", "設定", and "提供意見". The top navigation bar shows "Studio", a search bar, and various utility icons.

## 三. 上傳至 YouTube

9. 點擊要修正的字幕，滑鼠移至波形圖上字幕區塊兩端，出現 [左右箭頭游標 ↔] 後左右拖曳，即可調整該行的**起始**或**結束**時間。



The screenshot displays the YouTube Studio subtitle editor interface. The main window shows a list of subtitle lines on the left and a video player on the right. The subtitle line "我們能夠共組師範、典範魔課師,提升更多元、更豐富的學習資源。" is highlighted with a red box. Below the list, a waveform visualization shows the audio track. A red circle with the number "9" is placed over the subtitle line in the waveform, indicating the adjustment step. The video player shows the subtitle being edited, with a red line indicating the current position. The interface includes a search bar, a "儲存草稿" (Save Draft) button, and a "發布" (Publish) button.

# 三. 上傳至 YouTube

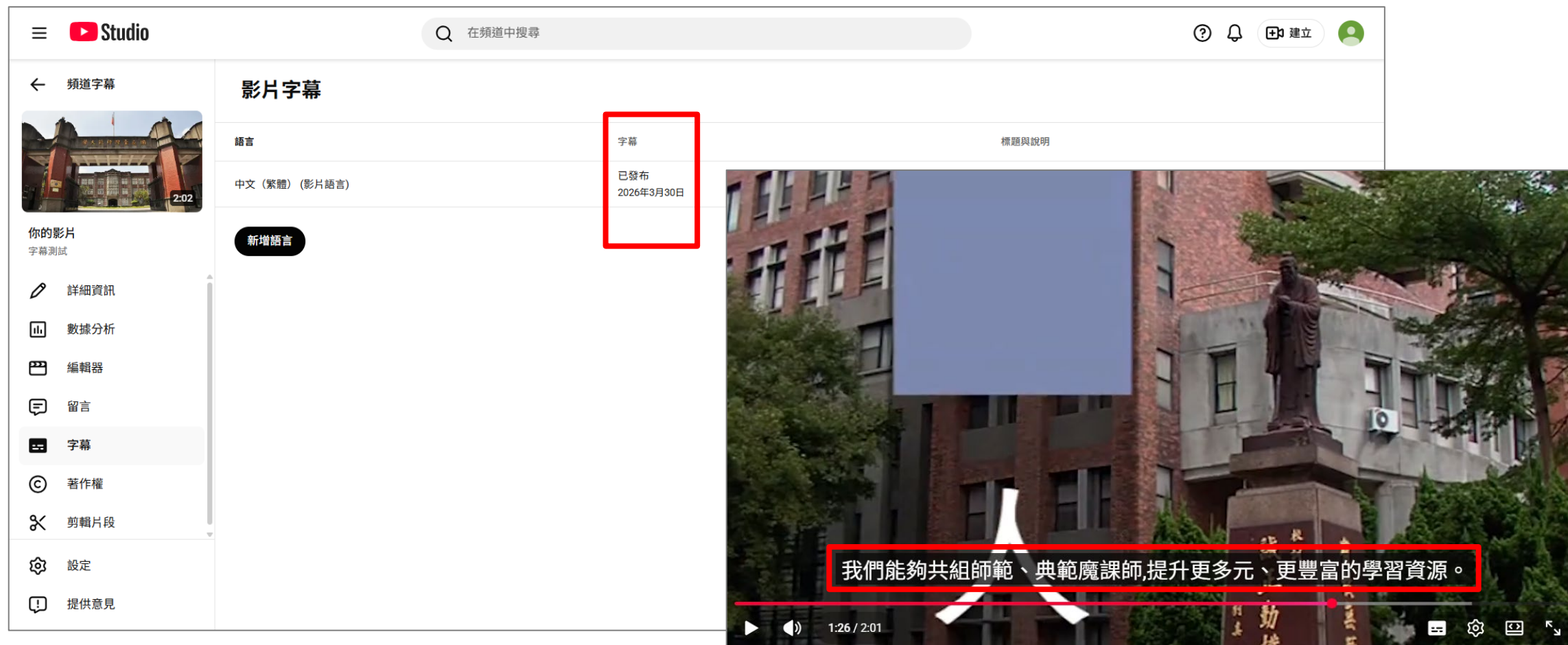
10. 預覽確認無誤後，點擊 [發布]。

The screenshot displays the YouTube Studio interface for video editing. The main area shows a video player with a subtitle track. The subtitle text is: "我們能夠共組師範、典範魔課師,提升更多元、更豐富的學習資源。". The video player has a progress bar at 1:19 / 2:02. To the right of the video player, there are two buttons: "儲存草稿" (Save Draft) and "發布" (Publish). The "發布" button is highlighted with a red circle and the number "10". Below the video player, there is a timeline with a volume waveform and a subtitle track. The subtitle track shows the same text as the video player. The interface also includes a sidebar on the left with various options like "頻道字幕", "你的影片", "詳細資訊", "數據分析", "編輯器", "留言", "字幕", "著作權", "剪輯片段", "設定", and "提供意見".

## 三. 上傳至 YouTube

11. 確認 [字幕] 欄顯示 [已發布]，播放影片出現字幕，字幕製作完成。

\* 可參考YouTube官方說明「[新增字幕](#)」觀看動態操作說明畫面。



The screenshot displays the YouTube Studio interface. On the left, the 'Channel Subtitles' sidebar is visible, with 'Subtitles' selected. The main area shows the 'Video Subtitles' section for a video titled '你的影片 字幕測試'. The subtitle status is 'Published' (已發布) on '2026年3月30日', which is highlighted with a red box. Below the status is a 'Add Language' (新增語言) button. The video player on the right shows a video with a subtitle track selected, displaying the subtitle: '我們能夠共組師範、典範魔課師,提升更多元、更豐富的學習資源。' This subtitle is also highlighted with a red box. The video player shows a progress bar at 1:26 / 2:01.